



dedicated to finding a cure

JDRF Support Groups in the DC Area

DC - Adults Living with Type 1 Support Group

Meeting Dates: the second Wednesday of every month

Meeting Location: TBD

Please join us each month if you are a young adult who has type 1 or knows someone who has type 1. This group gets together to meet other young people in the metro DC area who live with type 1, whether it's a friend, a family member or yourself. Come join a relaxed group of friends getting together.

Contact: Matthew Montemurno, Development Coordinator, mmontemurno@jdrf.org

DC- Metro Young Adults

Meeting Dates: The third Monday of every month at 8PM

Location to be determined

Please join us each month if you are a young adult or know someone who has type 1 diabetes. This group gets together to meet other young people in the metro DC area who are living with type

ONLINE Support Group – Capital Area Type 1 Diabetes Support

This is a support group for children and parents of children with type 1 diabetes. We are local to the Northern Virginia / DC / Maryland area. This group is mainly an email discussion group with over 140 families currently. We do also have meetings or outings fairly frequently, but not on a regularly scheduled basis. Meetings might be a gathering for 1-20 families in someone's home, a bowling outing, or a trip to a local pool. It depends on what members want to set up. All families in the area living with type 1 diabetes are welcome to join the group. Please include your name and phone number when requesting membership. Email the moderator with any questions.

Contact Information: Nancy Sharma, 703-378-4296 or nvadm1@yahoo.com
<http://health.groups.yahoo.com/group/nvadm1/>

